

Date of preparation 1-14-2023

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Born Israel, Citizenship USA
200 Stony Brook Court
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Academic Appointments Dept. of Otolaryngology/Head & Neck Surgery
Columbia University of College of Physicians & Surgeons
Assistant Clinical Professor OTO/HNS
10/9/2000 to 6/30/2019
Affiliated Physician
7-1-19 to present

Hospital Appointments St. Lukes-Cornwall Hospital
July 1999- Nov 2006

Orange Regional Medical Center
July 1999 to present

Vassar- Fishkill Ambulatory Surgery Center
Jan 2003 to present

New York Presbyterian Hospital
Jan 2000 to present

Hudson Valley Ambulatory Surgery Center
Jan 2006 to Dec 2009

Eastern Orange Surgery Center
May 2017 to present

Work Experience Laser & Cosmetic Surgery Specialists, PC
200 Stony Brook Court
Newburgh, New York 12550
Medical director- Nov 2008 to present

Rubinstein Plastic Surgery Center, LLC
160 Summit Avenue, Suite 101
Montvale, New Jersey 07645
Medical director- Jan 2023 to present

ENT, Allergy & Sinus Practice
Newburgh, New York 12550
Medical director- Nov 2008 to Dec 2022

Orange Office Based Surgery, PLLC
Newburgh, NY 12550
Medical director- April 2009 to present

Hudson Valley Ear, Nose & Throat P.C.
Middletown, New York 10940
Partner- 7/1/99 to 10/31/08

Education Faculty

Allergan Aesthetics
Galderma Gain

Post graduate training:

Fellowship, Facial Plastic & Reconstructive Surgery
University of South Florida
Fellowship director- Richard T. Farrior, MD, FACS
Tampa, Florida
7/1998 to 6/1999

Residency, Otolaryngology, Head & Neck Surgery
New Jersey Medical School- UMDNJ
Newark, New Jersey
7/1994-6/1998

Internship, General Surgery
New Jersey Medical School- UMDNJ
Newark, New Jersey
7/1993-6/1994

Education:

Albert Einstein College of Medicine
Bronx, New York Degree: MD
9/1989 to 6/1993
Awards: Distinctions in Otolaryngology Research (1993)

Yeshiva College (8/1986-5/89)
New York, New York
Major: Biology Degree: BA
Magna cum Laude (1989)

SUNY Binghamton (8/1985-5/86)
Binghamton, New York
Major: Biology

Board Certification Otolaryngology, Head & Neck Surgery
 May 10, 1999
 Facial Plastic & Reconstructive Surgery
 July 2, 2002

Honors: Magna cum Laude (1989)
 Distinctions in Otolaryngology Research (1993)
 New York Academy of Medicine
 Otolaryngology Research Award- 2nd prize (1996)
 Listed in Guide to Americas Top Physicians (2004-2017)
 Consumers' Research Council of America

Memberships: American Academy of Facial Plastic and Reconstructive Surgery
 American Academy of Otolaryngology-Head & Neck Surgery
 American Society for Laser Medicine & Surgery
 American Rhinologic Society
 New York Facial Plastic Surgery Society
 New York State Medical Society
 Orange County Medical Society

Presentations: 1. Society for Ear, Nose, and Throat Advances in Children (SENTAC),
Cancun, Mexico, Nov. 1995.
Beckwith-Wiedemann Syndrome: A new finding of tracheal bronchus and recurrent
pneumonia.

2. Eastern Section meeting of the American Laryngological, Rhinological and Otological
Society, Philadelphia, PA, Jan. 1996. Metastatic carcinoma to the skin of the head and
neck.

3. New York Academy of Medicine, New York, New York, Apr. 1996.
Dexamethasone pharmacokinetics in the inner ear: comparison of route of administration
and use of facilitating agents.

4. Association for Research In Otolaryngology (ARO)
St. Petersburg Beach, Florida. Feb. 1997
Dexamethasone pharmacokinetics in the inner ear: comparison of
route of administration and use of facilitating agents.

5. American Academy of Otolaryngology-Head & Neck Surgery, 101st annual meeting
Frey's syndrome: Treatment with temporoparietal fascial flap interposition.
San Francisco, California. Sept. 1997

6. American Academy of Otolaryngology-Head & Neck Surgery, 101st
Annual meeting
Congenital piriform aperture stenosis: surgical enlargement via the sublabial approach.
San Francisco, California. Sept. 1997
7. Skin Cancer Prevention and treatment
Women's Wellness Symposium
St. Lukes-Cornwall Hospital
New Windsor, New York. Sept. 2000
8. Grand rounds: Advances in pharmacotherapy for allergic rhinitis
Nyack Hospital
Nyack, New York Dec., 2000
9. Advances in endoscopic sinus surgery: stereotactic navigation
Grand Rounds St. Lukes-Cornwall Hospital
Cornwall, New York. Jan 2001
10. Minimally Invasive Techniques in Facial Plastic Surgery
Women's Wellness Symposium
St. Lukes-Cornwall Hospital
New Windsor, New York. Sept. 2001
11. Guest on K104 morning radio show
New techniques in facial rejuvenation
Beacon, New York. Dec. 2001
12. Guest on K104 morning radio show
Advances in non ablative laser resurfacing
Beacon, New York. April 2002
13. Guest on K104 morning radio show
Non-surgical skin tightening: Thermage
Beacon, New York. May 2003
14. Seminar @ Anthony's Pier 9
Thermage: non surgical skin tightening
New Windsor, New York November 2004
15. Seminar @ Anthony's Pier 9
Thermage: non surgical skin tightening
New Windsor, New York. April 2005
16. Seminar Poughkeepsie Grand Hotel
Contour Thread Lifting
Poughkeepsie, New York, February 2006
17. Seminar Harness Race Horse Museum
"Space Lift" via facial volume replacement
Goshen, New York, April 2006

- Research:**
1. The effect of rhinoplasty/septoplasty on voice: a prospective study. Facial plastic fellowship program-Richard T. Farrior, MD, FACS
Mentor: Richard T. Farrior, MD, FACS, 7/98
 2. Subglottic airway pressure measurements and correlation with obstructive sleep apnea in children. New Jersey Medical School.
Mentor: Don Respler, MD, 1995- 98
 3. Dexamethasone pharmacokinetics in the inner ear: comparison of route of administration and use of facilitating agents. New Jersey Medical School.
Mentors: Jed Kwartler, MD & Sujana Chandrasekhar, MD, 1995-97.
 4. Detection of nerve growth factor mRNAs in the developing inner ear via in situ reverse transcription-polymerase chain reaction amplification.
Albert Einstein College of Medicine.
Mentor: TR Van de Water, PhD, 1992-93.
 5. Maternofetal transmission of human immunodeficiency virus-1: the role of antibodies to the V3 primary neutralizing domain. Albert Einstein College of Medicine.
Mentor: Theresa Calvelli, PhD, 1989-92.
 6. Intravenous gamma globulin for pediatric HIV-1 infection. Effects of infectious complications, circulating immune complexes, and CD4 cell decline. Albert Einstein College of Medicine.
Mentor: Theresa Calvelli, PhD, 1989-92.
 7. HIV P24 and its predominate association with immune complexes in amniotic fluid of HIV-infected women. Albert Einstein College of Medicine.
Mentor: Theresa Calvelli, Ph.D., 1990-92.
 8. Utilization of butylurea as an antiseptic and anti-HIV agent. Albert Einstein College of Medicine.
Mentor: Arye Rubinstein, MD/PhD. Harris Goldstein, MD, 1989-92.
 9. Somatic mutation to generate mouse monoclonal antibodies with improved specific neutralizing antiviral activity. Albert Einstein College of Medicine.
Mentor: Matthew Scharff, MD, 1987.
 10. CD4 cells in patients with AIDS. Albert Einstein College of Medicine.
Mentor: Theresa Calvelli, PhD, 1986.
- Publications:**
1. Rubinstein A, Goldstein H, Calvelli T, Devash Y, Rubinstein R, Soero R, Lyman W. Maternofetal transmission of human immunodeficiency virus-1: the role of antibodies to the V3 primary neutralizing domain. *Pediatric Research*. 33 :(1 suppl) S76-9, Jan 1993.

- Publications:** 2. Rubinstein A, Calvelli T, Rubinstein R. Intravenous gamma globulin for pediatric HIV-1 infection. Effects of infectious complications, circulating immune complexes, and CD4 cell decline. *Annals of the New York Academy of Sciences.* 693: 151-7, Oct 1993.
3. Staecker H, Cammer M, Rubinstein R, Van de Water TR. A procedure for RT-PCR amplification of mRNAs on histological specimens. *16:76-80, Jan 1994.*
4. Rubinstein R, Baredes S, Caputo J, Galati L.
Cutaneous metastatic lung cancer: literature review and report of a tumor on the nose from a large cell undifferentiated carcinoma.
Ear Nose Throat J. 2000 Feb;79(2):96-7, 100-1. Review.
5. Rubinstein R, Kwartler J, Gatz M, Connelly P, Chandrasekhar S, Huang E, Baredes
Dexamethasone pharmacokinetics in the inner ear: comparison of route of administration and use of facilitating agents.
Otolaryngol Head Neck Surg. 2000 Apr;122(4):521-8.
6. Rubinstein R, Rosen A, Leeman D.
Frey syndrome: treatment with temporoparietal fascia flap interposition.
Arch Otolaryngol Head Neck Surg. 1999 Jul;125(7):808-11.

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