

Medications to Avoid

If you are taking any medications on this list, they should be **discontinued 2 weeks prior to surgery and 1 week prior to any kind of Botox or filler injections**. Only acetaminophen products, such as Tylenol should be taken for pain. This table is NOT all inclusive. The absence of a medication or herbal from this list does not mean it is safe to take in preparation for surgery.

Type	Examples
Antiplatelet medications	<ul style="list-style-type: none">aspirin (ASA)enteric-coated aspirin (Ecotrin)clopidogrel (Plavix)ExcedrinBayeraspirin/salicylate containing products like Alka-seltzer and Pepto Bismol
Anticoagulant medications	<ul style="list-style-type: none">warfarin (Coumadin)heparinapixaban (Eliquis)rivaroxaban (Xarelto)
Non-steroidal anti-inflammatory drugs (NSAIDs)	<ul style="list-style-type: none">ibuprofen (Advil, Motrin)naproxen (Aleve, Naprosyn)celecoxib (Celebrex)diclofenac (Voltaren-XR)indomethacinketorolac (Toradol)meloxicam (Mobic)
Antidepressants	<ul style="list-style-type: none">Certain classes of antidepressants can be dangerous in combination with anesthesia for surgery. Discuss all antidepressant and mood stabilizing medications at your pre-op appointment.
Herbal supplements and vitamins	<ul style="list-style-type: none">bromelainchondroitindan shenechinaceafeverfewfish oil/omega-3 fatty acidsgarlic supplementsginger supplementsginkgo bilobaginsenggrape seed extractkava kavaquillinggaoSt. John's wortturmericvalerianmultivitamins and plant based vitaminsvitamin E
Foods	<ul style="list-style-type: none">applesapricotsberriescayenne pepperchia seedsChinese cassia cinnamoncucumberscurrants/raisins/pruneseggplantflaxseedgarlicgingergrapesgreen tea/herbal teasnutspicklesplant based protein powders/supplementspotatoestomatoeswheat germ
Nicotine, alcohol, marijuana, and CBD for medicinal or recreational use	<ul style="list-style-type: none">Smoking, vaping, patch or oral forms of nicotine, marijuana, and CBDAll types of alcohol
Diet aids	<ul style="list-style-type: none">Avoid all diet aids including OTC and herbal (i.e. Ephedra)