

Medications to Avoid

If you are taking any medications on this list, they should be **discontinued 2 weeks prior to surgery and 1 week prior to any kind of Botox or filler injections**; and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Rubinstein prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Rubinstein and the nursing staff.

Aspirin Medications to Avoid - Affect blood clotting.

4-Way Cold Tabs	Carisoprodol Compound	Kaodene	Phenaphen/Codeine #3
5-Aminosalicylic Acid	Cataflam	Lanorinal	Pink Bismuth
Acetilsalicylic Acid	Cheracol	Ibuprohm	Piroxicam
Actron	Choline Magnesium	Lodine	Propoxyphene Compound products
Adprin-B products	Trisalicylate	Lortab ASA	Robaxial
Aleve	Choline Salicylate	Magan	Rowasa
Alka-Seltzer products	Cope	Magnaprin products	Roxeprin
Amigesic Argesic-SA	Coricidin	Magnesium Salicylate	Saleto products
Anacin products	Cortisone Medications	Magsal	Salflex
Anexsia w/Codeine	Damason-P	Marnal	Salicylate products
Arthra-G	Darvon Compound-65	Marthritic	Salsalate
Arthriten products	Darvon/ASA	Mefenamic Acid	Salsitab
Arthritis Foundation products	Diclofenac	Meprobamate	Scot-Tussin Original 5-Action
Arthritis Pain Formula	Dipenturn	Mesalamine	Sine-off
Arthritis Strength BC Powder	Disalcid	Methocarbarnol	Sinutab
Arthropan	Doan's products	Micrainin	Sodium Salicylate
ASA	Dolobid	Mobidin	Sodol Compound
Asacol	Dristan	Mobigesic	Soma Compound
Ascriptin products	Duragesic	Momentum	St. Joseph Aspirin
Aspergum	Easprin	Mono-Gesic	Sulfasalazine
Asprimox products	Ecotrin products	Motrin products	Supac
Axotal	Empirin products	Naprelan	Suprax
Azdone	Equagesic	Naproxen	Synalgos-DC
Azulfidine products	Etodolac	Night-Time Effervescent Cold	Talwin
B-A-C	Excedrin products	Norgesic products	Triaminicin
Backache Maximum Strength Relief	Fiorgen PF	Norwich products	Tricosal
Bayer Products	Fiorinal products	Olsalazine	Trilisate
BC Powder	Flurbiprofen	Orphengesic products	Tussanil DH
Bismatrol products	Gelpirin	Orudis products	Tussirex products
Buffered Aspirin	Genprin	Oxycodonc	Ursinus-Inlay
Bufferin products	Gensan	Pabalate products	Vanquish
Buffetts 11	Goody's Extra Strength	P-A-C	Wesprin
Buffex	Headache Powders	Pain Reliever Tabs	Willow Bark products
Butal/ASA/Caff	Halfprin products	Panasal	Zorprin
Butalbital Compound	IBU	Pentasa	
Cama Arthritis Pain Reliever	Indomethacin products	Pepto-Bismol	
	Isollyl Improved	Percodan products	

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal Intensify anesthesia, serious cardiovascular effects.

Ibuprofen Medications to Avoid - Affect blood clotting.

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

Tricyclic Antidepressants to Avoid - Intensify anesthesia, cardiovascular effects.

Adapin	Anafranil	Clomipramine	Elavil
Amitriptyline	Asendin	Desipramine	Endep
Amoxapine	Aventyl	Doxepin	Etrafon products

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Imipramine	Maprotiline	Pertofrane	Tofranil
Janimine	Norpramin	Protriptyline	Triavil
Limbitrol products	Nortriptyline	Sinequan	Trimipramine
Ludiomil	Pamelor	Surmontil	Vivactil

Other Medication to Avoid - Affect blood clotting.

4-Way w/ Codeine	Dalteparin injection	Mellaril	Soltice
A.C.A.	Dicumerol	Miradon	Sparine
A-A Compound	Dipyridamole	Mobic	Stelazine
Accutrim	Doxycycline	Opasal	Sulfapyrazone
Actifed	Emagrin	Pan-PAC	Tenuate
Anexsia	Enoxaparin injection	Pentoxifylline	Tenuate Dospan
Anisindione	Flagyl	Persantine	Thorazine
Anturane	Fragmin injection	Phenylpropanolamine	Ticlid
Arthritis Bufferin	Furadantin	Prednisone	Ticlopidine
Arthrotec	Garlic	Protamine	Trental
BC Tablets	Heparin	Pyrroxate	Ursinus
Childrens Advil	Hydrocortisone	Ru-Tuss	Virbamycin
Clinoril C	Isollyl	Salatin	Vitamin E
Contac	Lovenox injection	Sinex	Warfarin
Coumadin	Macrochantin	Sofarin	

Salicylate Medications, Foods & Beverages to Avoid - Affect blood clotting.

Amigesic (salsalate)	subsalsalate)	Blackberries	Pickles
Disalcid (salsalate)	Salflex (salsalate)	Boysenberries	Prunes
Doan's (magnesium salicylate)	Salsalate	Cherries	Raspberries
Dolobid (diflunisal)	Salsitab (salsalate)	Chinese Black Beans	Strawberries
Magsal	Trilisate (choline salicylate +	Cucumbers	Tomatoes
Pamprin (Maximum Pain Relief)	magnesium salicylate)	Currants	Wine
Mobigesic	Almonds	Garlic	
Pabalate	Apples	Ginger	
Pepto-Bismol (bismuth	Apricots	Grapes	

Vitamins and Herbs to Avoid (As a rule, avoid ALL herbal medications and Vitamin E). For more specific details see below.

Thos listed below effect blood clotting, effect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit	Devil's club	Gmena	Melatonin
Alfalfa	Dong Quai root	Goldenseal	Muwort
Aloe	Echinacea	Gotu Kola	Nem seed oil
Argimomy	Ephedra	Grape seed	Onions
Barley	Eucalyptus	Guarana	Papaya
Bilberry	Fenugreek seeds	Guayusa	Periwinkle
Bitter melon	Feverfew	Hawthorn	Selenium
Burdock root	Fish Oil	Horse Chestnut	St. John's Wort
Carrot oil	Fo-ti	Juniper	Valerian/Valerian Root
Cayenne	Garlic	Kava Kava	"The natural Viagra®"
Chamomile	Ginger	Lavender	Vitamin E
Chromium	Ginkgo	Lemon verbena	Willow bark
Coriander	Ginkgo biloba	Licorice root	Yellow root
Dandelion root	Ginseng	Ma Huang	Yohimbe

If you are taking anything not on this list, please notify us and make sure that it is okay.

Dr. Rubinstein may also prescribe homeopathic medications if indicated such as Arnica. They have been shown to significantly decrease swelling and bruising and speed up the recovery process.