

Skin Care & Cosmetic Surgery Center of New York  
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"You have only one face; why trust it to anyone other than a specialist?" asks Dr. Ran Y. Rubinstein, a board-certified facial plastic surgeon who prides himself on bringing Manhattan's sophistication and care to the Hudson Valley. Dr. Rubinstein devoted more than a decade in training to become a facial plastic specialist. He is dual board-certified by the American Board of Facial Plastic & Reconstructive Surgery and the American Board of Otolaryngology - Head and Neck Surgery. His extensive experience and background in both fields provide unique expertise and understanding for cosmetic and reconstructive surgery of the face.

Dr. Rubinstein is a clinical professor at Columbia - New York Presbyterian Hospital, where he plays an active role in educating tomorrow's facial plastic surgeons. Regionally, Dr. Rubinstein trains established plastic surgeons and dermatologists in the latest advances in minimally invasive cosmetic surgery techniques and the latest methods of injecting fillers. "I enjoy giving back to the field of medicine by teaching. It keeps me on top of my profession," he says.

Equally fulfilling is the pro bono care Dr. Rubinstein dedicates to survivors of domestic violence, as a participant in the AAFPRS "Face to Face" program. "Facial plastic surgery is an art form," adds Dr. Rubinstein, and his goal is to enhance a patient's facial profile and contours and provide a natural, balanced rejuvenation. Patients are asked to bring photos of themselves from 10, 20 and even 30 years ago. Dr. Rubinstein analyzes the changes over time, and creates a treatment plan with the aid of digital computer imaging. Both surgical and minimally invasive solutions are provided. Often times, combination therapy will provide the most natural results.

Dr. Rubinstein's facility has an on site medical spa offering the latest in laser therapy, Thermage, fillers and Botox. These non-invasive treatments can delay the need for more invasive surgery, or enhance and maintain the results of surgical rejuvenation.