

**Ran Y. Rubinstein, MD**  
**200 Stony Brook Court**  
**Newburgh, New York 12550**  
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**MDLIFT@Optonline.net**

**Curriculum Vitae**

**Board Certification**

Otolaryngology, Head & Neck Surgery  
May 10, 1999  
Facial Plastic & Reconstructive Surgery  
July 2, 2002

**Work experience**

Laser & Cosmetic Surgery Specialists, PC  
Newburgh, New York 12550  
Medical director- Nov 2008 to present

ENT, Allergy & Sinus Practice  
Newburgh, New York 12550  
Medical director- Nov 2008 to present

Orange Office Based Surgery, PLLC  
Newburgh, NY 12550  
Medical director- April 2009 to present

Hudson Valley Ear, Nose & Throat P.C.  
Middletown, New York 10940  
Partner- 1999 to 10/08

Dept. of Otolaryngology/Head & Neck Surgery  
Columbia University of College of Physicians & Surgeons  
Assistant Clinical Professor OTO/HNS  
10/9/2000 to present

Dept. of Otolaryngology/Head and Neck Surgery  
New York Presbyterian – Columbia Center  
Assistant Clinical Professor  
10/9/2000 to present

**Hospital affiliations**

St. Lukes-Cornwall Hospital  
1999-2006

Orange Regional Medical Center  
1999 to present

Vassar- Fishkill Ambulatory Surgery Center  
2003 to present

New York Presbyterian Hospital  
2000 to present  
Hudson Valley Ambulatory Surgery Center  
2006 to present

**Education Faculty**

Bioform Medical (Radiesse)  
Medicis (Restylane, Perlane)  
Allergan (Botox, Juvederm)  
Sanofi-Aventis (Sculptra)

**Post graduate training:**

Fellowship, Facial Plastic & Reconstructive Surgery  
University of South Florida  
Fellowship director- Richard T. Farnior, MD, FACS  
Tampa, Florida  
7/1998 to 6/1999

Residency, Otolaryngology, Head & Neck Surgery  
New Jersey Medical School- UMDNJ  
Newark, New Jersey  
7/1994-6/1998

Internship, General Surgery  
New Jersey Medical School- UMDNJ  
Newark, New Jersey  
7/1993-6/1994

**Education:**

Albert Einstein College of Medicine  
Bronx, New York Degree: MD  
9/1989 to 6/1993  
Awards: Distinctions in Otolaryngology Research (1993)

Yeshiva College (1986-89)  
New York, New York  
Major: Biology Degree: BA  
Magna cum Laude (1989)

SUNY Binghamton (1985-86)  
Binghamton, New York  
Major: Biology

**Honors:**

Magna cum Laude (1989)  
Distinctions in Otolaryngology Research (1993)  
New York Academy of Medicine  
Otolaryngology Research Award- 2nd prize (1996)  
Listed in Guide to Americas Top Physicians (2004)  
Consumers' Research Council of America  
Listed in Guide to Americas Top Physicians (2005)  
Consumers' Research Council of America  
Listed in Guide to Americas Top Physicians (2008)  
Consumers' Research Council of America

**Memberships:**

American Academy of Facial Plastic and Reconstructive Surgery  
American Academy of Otolaryngology-Head & Neck Surgery  
American Academy of Otolaryngic Allergy  
American Rhinologic Society  
New York State Medical Society  
Orange County Medical Society

- Presentations:**
1. Society for Ear, Nose, and Throat Advances in Children (SENTAC), Cancun, Mexico, Nov. 1995.  
Beckwith-Wiedemann Syndrome: A new finding of tracheal bronchus and recurrent pneumonia.
  2. Eastern Section meeting of the American Laryngological, Rhinological and Otological Society, Philadelphia, PA, Jan. 1996.  
Metastatic carcinoma to the skin of the head and neck.
  3. New York Academy of Medicine, New York, New York, Apr. 1996.  
Dexamethasone pharmacokinetics in the inner ear: comparison of route of administration and use of facilitating agents.
  4. Association for Research In Otolaryngology (ARO)  
St. Petersburg Beach, Florida. Feb. 1997  
Dexamethasone pharmacokinetics in the inner ear: comparison of route of administration and use of facilitating agents.
  5. American Academy of Otolaryngology-Head & Neck Surgery, 101<sup>st</sup> annual meeting  
Frey's syndrome: Treatment with temporoparietal fascial flap interposition.  
San Francisco, California. Sept. 1997

6. American Academy of Otolaryngology-Head & Neck Surgery, 101<sup>st</sup> Annual meeting  
Congenital piriform aperture stenosis: surgical enlargement via the sublabial approach.  
San Francisco, California. Sept. 1997
7. Skin Cancer Prevention and treatment  
Women's Wellness Symposium  
St. Lukes-Cornwall Hospital  
New Windsor, New York. Sept. 2000
8. Grand rounds: Advances in pharmacotherapy for allergic rhinitis  
Nyack Hospital  
Nyack, New York Dec., 2000
9. Advances in endoscopic sinus surgery: stereotactic navigation  
Grand Rounds St. Lukes-Cornwall Hospital  
Cornwall, New York. Jan 2001
10. Minimally Invasive Techniques in Facial Plastic Surgery  
Women's Wellness Symposium  
St. Lukes-Cornwall Hospital  
New Windsor, New York. Sept. 2001
11. Guest on K104 morning radio show  
New techniques in facial rejuvenation  
Beacon, New York. Dec. 2001
12. Guest on K104 morning radio show  
Advances in non ablative laser resurfacing  
Beacon, New York. April 2002
13. Guest on K104 morning radio show  
Non-surgical skin tightening: Thermage  
Beacon, New York. May 2003
14. Seminar @ Anthony's Pier 9  
Thermage: non surgical skin tightening  
New Windsor, New York November 2004
15. Seminar @ Anthony's Pier 9  
Thermage: non surgical skin tightening  
New Windsor, New York. April 2005

16. Seminar Poughkeepsie Grand Hotel  
Contour Thread Lifting  
Poughkeepsie, New York, February 2006

17. Seminar Harness Race Horse Museum  
“Space Lift” via facial volume replacement  
Goshen, New York, April 2006

**Research:** 1. The effect of rhinoplasty/septoplasty on voice: a prospective study.  
Facial plastic fellowship program-Richard T. Farrior, MD, FACS  
Mentor: Richard T. Farrior, MD, FACS, 7/98

2. Subglottic airway pressure measurements and correlation with  
obstructive sleep apnea in children. New Jersey Medical School.  
Mentor: Don Respler, MD, 1995- 98

3. Dexamethasone pharmacokinetics in the inner ear: comparison of  
route of administration and use of facilitating agents. New Jersey  
Medical School.  
Mentors: Jed Kwartler, MD & Sujana Chandrasekhar, MD, 1995-97.

4. Detection of nerve growth factor mRNAs in the developing inner ear  
via in situ reverse transcription-polymerase chain reaction amplification.  
Albert Einstein College of Medicine.  
Mentor: TR Van de Water, PhD, 1992-93.

**Research:** 5. Maternofetal transmission of human immunodeficiency virus-1: the  
role of antibodies to the V3 primary neutralizing domain. Albert Einstein  
College of Medicine.  
Mentor: Theresa Calvelli, PhD, 1989-92.

6. Intravenous gamma globulin for pediatric HIV-1 infection. Effects of  
infectious complications, circulating immune complexes, and CD4 cell  
decline. Albert Einstein College of Medicine.  
Mentor: Theresa Calvelli, PhD, 1989-92.

7. HIV P24 and its predominate association with immune complexes in  
amniotic fluid of HIV-infected women. Albert Einstein College of  
Medicine.  
Mentor: Theresa Calvelli, Ph.D., 1990-92.

8. Utilization of butylurea as an antiseptic and anti-HIV agent. Albert  
Einstein College of Medicine.  
Mentor: Arye Rubinstein, MD/PhD. Harris Goldstein, MD, 1989-92.

9. Somatic mutation to generate mouse monoclonal antibodies with improved specific neutralizing antiviral activity. Albert Einstein College of Medicine.

Mentor: Matthew Scharff, MD, 1987.

10. CD4 cells in patients with AIDS. Albert Einstein College of Medicine.

Mentor: Theresa Calvelli, PhD, 1986.

- Publications:**
1. Rubinstein A, Goldstein H, Calvelli T, Devash Y, Rubinstein R, Soero R, Lyman W. Maternofetal transmission of human immunodeficiency virus-1: the role of antibodies to the V3 primary neutralizing domain. *Pediatric Research*. 33 :( 1 suppl) S76-9, Jan 1993.
  2. Rubinstein A, Calvelli T, Rubinstein R. Intravenous gamma globulin for pediatric HIV-1 infection. Effects of infectious complications, circulating immune complexes, and CD4 cell decline. *Annals of the New York Academy of Sciences*. 693: 151-7, Oct 1993.
  3. Staecker H, Cammer M, Rubinstein R, Van de Water TR. A procedure for RT-PCR amplification of mRNAs on histological specimens. *16:76-80*, Jan 1994.
  4. Rubinstein R, Baredes S, Caputo J, Galati L. Cutaneous metastatic lung cancer: literature review and report of a tumor on the nose from a large cell undifferentiated carcinoma. *Ear Nose Throat J*. 2000 Feb;79(2):96-7, 100-1. Review.
  5. Rubinstein R, Kwartler J, Gatz M, Connelly P, Chandrasekhar S, Huang E, Baredes  
Dexamethasone pharmacokinetics in the inner ear: comparison of route of administration and use of facilitating agents. *Otolaryngol Head Neck Surg*. 2000 Apr;122(4):521-8.
  6. Rubinstein R, Rosen A, Leeman D.  
Frey syndrome: treatment with temporoparietal fascia flap interposition. *Arch Otolaryngol Head Neck Surg*. 1999 Jul;125(7):808-11.