

Continued from preceding page

to erase fine-to-medium wrinkles and age spots, and shrink pores. In older patients, the wrinkles are deeper, with poor skin tone and require a more aggressive laser treatment. The gold standard for aggressive skin resurfacing is the carbon dioxide laser. Fraxel Re:pair, a newer type of carbon dioxide laser, can accomplish similar results.”

Starting costs for some of the procedures mentioned range from \$350 for the laser (photo) facial to \$3,000 for the Fraxel Re:pair. Downtime ranges from minimal-to-none for the Sculptra collagen stimulator to 3-7 days for the Fraxel Re:pair laser. And results last from four months for the Botox injections to 2-5 years for the Sculptra.

What’s new on the horizon?

Dr. Steven J. Fishman of Catskill Dermatology is a board-certified dermatologist who has been in practice for 16 years with offices in Monticello and Goshen. And he’s one practitioner who “likes subtle changes

that help make someone look a tad more attractive and refreshed.”

Besides the obvious caveats to quit smoking and use sunblock, Fishman says that a new procedure, Blue Light Therapy, also known as photodynamic therapy, “destroys sun-damaged skin or precancerous cells, sparing the good cells and leaving skin looking polished.” Of special note is the fact that this procedure is often covered by most insurance companies and is very popular in the treatment of acne.

Fishman also uses Intense Pulse (or Pulsed) Light Treatment for diminishing fine blood vessels on the face. The procedure is commonly used for hair removal and pigmented lesions.

Both procedures are done in Fishman’s office with little or no downtime.

And while we’re talking about looking younger, Fishman says he is excited about a new product called Latisse, which is “the only product on the market that is FDA-approved for making eyelashes grow longer and thicker.”

The Difference Is ... You’re Family

Our lovely country home serves home-cooked meals in a caring family atmosphere.



Dedicated 24-Hour Staff • Reasonable Rates

Greenville, NY • 845-355-7700
Call Today To Schedule Your Visit

The Carlucci Home

Owned and Operated By:
Jennie Carlucci, R.N., M.P.A.



RICHARD M. WOOD, M.D.
YALE TRAINED
UROGYNECOLOGIST
**WOMEN’S
INCONTINENCE
CENTER**

THE LEAK STOPS HERE.

Hudson • Middletown • Kingston • Sharon • Cornwall

**845-546-3403 or
518-821-5484**

www.drrichardmwood.com

RMC

RESTORATIVE MANAGEMENT CORPORATION

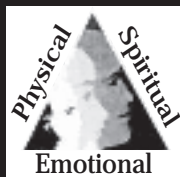
AN OUT PATIENT
SUBSTANCE ABUSE TREATMENT PROGRAM

Our multicultural staff provides the highest quality of individualized services for adolescents, adults and families in a confidential setting. Specialized services in both English and Spanish. These include groups for women, dually diagnosed, (including on site psychiatrist) trauma survivors, anger management and DWI offenders.

Call any of our locations
for information or an appointment.

Middletown 845-342-5941
Newburgh 845-561-5783
Port Jervis 845-856-7576

www.restorative-management.com



Licensed by
OASAS